



## A Message from the Principal

**"When Chaos comes knocking at the door- let Calm answer it..."**  
— Unknown

### Learning at Lisarow HS

There were so many fantastic learning and supportive activities happening around our great school during Week 4 it gave me a daily reminder of how privileged I am to be the Principal of this great school. I particularly wanted to acknowledge our Year 12 students undertaking their Trial HSC exams and the staff who have been supporting them. I also am very proud of the student and staff collaboration around the submission of Major Projects in subjects such as Society and Culture and Industrial Technology. The 3 smiling faces below as they came in during their Trial timetable and finalised their IT Timber submissions reflect the relief and achievement for these students. Well done all involved!



I also wanted to highlight the great work in PDHPE focused on students demonstrating their gymnastics skills in this Terms Movement Composition unit.



### Year 10 Subject Selection Interviews

On Wednesday this week we held our valuable interview process for Year 10 students around their future pathways and subject selection for Year 11 and 12. The students were well informed and prepared and I was extremely impressed with the students I met with in regards to their level of responsibility and focus on their goals. It was a very well organised event and thank you to all the staff involved, particularly Ms Sohal and Ms Chen.



### Year 12 Trial HSC Exams

Our Year 12 Trial HSC exams continue in the Hall throughout Week 5.

### Year 11 Ski Trip

Our Year 11 students who attended the Ski Trip have returned safe and well! (with a few exceptions...sorry Mr Chung). They enjoyed the snow and the wonderful opportunity to make great memories and experiences. Thank you to the staff who attended as well, Mr Badior, Mrs Swaisland, Mr Eldridge, Mr Chung and Mrs Lawson.



### Diversity and Action Group

The Diversity action group is working hard in preparation for wear it purple day. Wear it purple day is to raise awareness and to foster supportive, safe, empowering and inclusive environments for rainbow young people. Wear it purple school events will commence in Week 6; with our wellbeing homegroup, followed by Wear it Purple mufti day on Friday 26th.



### Great Netball effort

Well done to our girls 15 and under Netball team who represented our school with great pride and effort this Wednesday. They defeated NVHS 69-26 to progress to the next round!





### More Debating success!

This week, our Stage 4 Debating Team competed in two fantastic debates. The first against TLSC Berkeley Vale, saw the team arguing the affirmative for the topic 'We should ban social media influencers.' Their strong arguments and teamwork ultimately lead the team to victory. Well done! The second debate against Terrigal High School, in the local final, focused on the idea that 'Sport should be a compulsory part of a student's ATAR'. Though the team argued the negative and debated passionately, they unfortunately did not come away with the win. We are incredibly proud of the team and what they have been able to accomplish in such a short amount of time.



### Homework Centre

A reminder that our Homework Centre for additional support from teaching staff is available to students every Wednesday in the library from 2:40 PM until 4 PM. It was great to see so many students engaging with this support this week. Thank you to the staff who facilitate this important school activity as well.



### P&C Meeting

Our next P&C meeting will be on Tuesday 6th September from 6:30 PM in the school library.

We are so grateful to our P&C for their ongoing support, recently donating the funding for Year 12 Academic Gowns for Graduation, Learning resources for HSIE, School Banners and Marquees and supporting our students and staff to attend events and competitions.

Kind regards and take care of yourselves and each other,

Mr Murray Balfe  
Principal

### Ongoing messages:

#### High Expectations at LHS

We continue to address all year groups with the focus on high expectations for 2022. *I am a firm believer that all students start each school year with the genuine desire to improve and have a more successful year than the previous one.* I challenged our students to *set the bar high around their attitude and application from the very first lesson for the year.* This sets the standard for the remainder of the year. At each year assembly we continue to make clear and reinforce the following expectations and I appreciate our community's support in reinforcing these expectations at home:

**Aiming for 100% attendance if possible.** Each day of learning contributes towards success

**Wearing the full school uniform and bringing the correct learning equipment.** Having the correct tools to do the job! Demonstrating the correct attitude clearly by showing up ready to learn each day.

**Getting to all classes on time to maximise learning and minimise disruption**

**Respecting all members of the school community**

**Following staff instructions** - staff instructions are focused on student safety and learning. Work with us not against us!

**Asking for help when needed** - being courageous and seeking support around learning and wellbeing

**Looking out for each other** and asking for staff support if a friend needs further help or guidance

**Completing all tasks to the best of our ability**

**Respecting personal and school property** - we all should be able to share resources and have pride in our school. Damage costs money and reduces resources available to support our students.

### **Uniform Expectations**

As I welcome students at the front gate each morning and as the Deputy Principals welcome them at the top gate, we are reminding those students who are not presenting to school in full uniform about that responsibility. Jumpers particularly as the weather gets cooler need to be the approved jumpers available at Lowes.

We appreciate our Parents and Carer support with ensuring that their child is dressed for school and ready for learning.

If a uniform issue is related to **Access** (getting the uniform) please contact the school for options.

If the uniform issue is related to **Attitude** (choice) we will continue to work with those students and their parents.

I appreciate the overwhelming majority of students who attend school wearing their uniform proudly each day.

**A reminder for those who may have some spare uniform that we are accepting donations to our office of any items that are no longer needed by families.**

### **Communication around Positive COVID cases**

As we receive confirmation of Positive COVID 19 cases at LHS, we will continue to inform our community as required. This may be directly to parents/carers of specific year groups or more broadly across the whole school.

### **Learning from Home for students whose parents have decided to keep them home as close contacts.**

We recently sent out communication to parents and carers for students who are in isolation at home and well enough to continue engaging with learning. We will make contact via email with supporting guidelines and information around continuing learning. Our SLSO team will undertake some phone check ins as well for students requiring additional support. Our teachers will be looking to update Google Classroom learning activities as well. A reminder that the Department of Education has developed a Learning from Home resource hub which can access <https://education.nsw.gov.au/teaching-and-learning/learning-from-home>

The link to further communication can be found [here](#)

### **Upcoming Events:**

- Year 12 Trials Examination - Week 4 and 5 - schedule [here](#)
- Year 11 yearly Examinations - Week 9 and 10

### **Upcoming Stage 4**

#### **Assessment Tasks:**

- Year 7 Science (Week 5)
- Year 7 Mathematics (Week 5)

### **Upcoming Stage 5**

#### **Assessment Tasks:**

- Year 9 Science (Week 5)
- Year 9 Mathematics (Week 5)
- Year 10 Science (Week 5)
- Stage 5 Child Studies (Week 5)
- Stage 5 Food Safari (Week 5)
- Stage 5 Food technology (Week 5)

### **Assessment Schedules:**

[Year 12 2022](#)

[Year 11 2022](#)

[Year 10 2022](#)

[Year 9 2022](#)

[Year 8 2022](#)

[Year 7 2022](#)

### **Important Information:**

[Bell Times 2022](#)

[Canteen Menu](#)

[Uniform Policy](#)

[Book Requirements 2022](#)

[LHS Anti-Bullying strategy](#)

### **Week 5A Term 3**

**Monday, 15 August to Friday, 19 August 2022**

#### **Monday 15 August**

- Trial Examinations - Year 12

#### **Tuesday 16 August**

- 7-10 Sport
- Trial Examinations - Year 12
- Perfect Presence Program - selected students.

#### **Wednesday 17 August**

- Homework Centre - 2.40pm until 4.00pm, library
- Trial Examinations - Year 12
- Central Coast Showcase - selected students, Ms Jeffery and Mrs Eldridge

#### **Thursday 18 August**

- Top Blokes - selected students, period 4
- Trial Examinations - Year 12
- 15 Boys Basketball Gala Day - selected students and Mr Pallot
- Central Coast Showcase - selected students and Ms Jeffery

#### **Friday 19 August**

- Jazz Ensemble - 7.30am -8.20am in C2.
- Trial Examinations - Year 12

**Saturday 20th August - Monday 21st August:** Aerobics National Competition, Ms Mcleod, Mrs Louie and selected students

#### **How we Communicate:**

**Website:** <http://www.lisarow-h.schools.nsw.edu.au>

**Facebook:** <https://www.facebook.com/LisarowHighSchool>

**LHS Canteen:** <https://www.facebook.com/lhscanteen/>

**Who to Contact:** [Communications Pathway](#)