



A Message from the Principal

Student Successes

Congratulations to Grace from Year 8 who was successful in being selected as part of the NSW All Schools State Oz Tag Merit Team. Grace was the vice-captain of the Lisarow High School Girls' Year 7 and 8 Oz Tag team which travelled to Penrith last week to play in the NSW State All Schools Champion of Champions Oz Tag competition. Our P&C donated money for the team's uniforms and bus travel which was greatly appreciated by the girls and the school. Looking highly professional in their new uniforms, our students finished 5th in the state. We are very proud of our students and their coach, Miss Plowman.

Congratulations also to Katrina from Year 8 who won the NSW Legacy Junior Public Speaking Award for the Hunter/Central Coast final No 1 last week. Her prepared speech topic was Cliches in Film and her impromptu topic was Danger. She will now speak at the semifinals at NSW Parliament House on Friday 13th September.

HSC Major Projects

Textiles and Design Major Textiles Projects are due this Monday to Ms Lynn by 3pm.
English Extension 2 Major Works are due this Friday to Mr Purins by 3pm.

Year 7 Swimming Program

Year 7W students will walk to Niagara Park Swim Centre to participate in a swimming lesson with an instructor. Groupings will be by class and each student will attend two sessions each. Enquiries in relation to this can be directed to Year 7 PDHPE teachers.

Central Coast Showcase

Best wishes to our students who have been successful in their audition to perform at Central Coast Showcase at Laycock Street Theatre this week.

Year 7 2020 Transition Day

This Thursday we welcome our future Year 7 students for 2020 for a Transition Day. Students are asked to meet Lisarow High School staff and their primary school teachers on the basketball courts at 8:30am please. Students will also be dismissed from the basketball courts in the afternoon at 2:35pm. The day will include familiarisation with the high school, as well as providing an opportunity for staff to get to know students to ensure that they are correctly placed into classes best suited to learning for Year 7.

Central Coast AECG and Department of Education Partnership Agreement Consultation

[Click here for information.](#)

Sista Speak

This Friday our Sista Speak girls will be serving our community through a visit to the Orchards where they will spend time with the residents, under the supervision of Miss Parrish and Miss Plowman.

Valley Schools Excellence Awards

Selected students will soon receive an invitation to attend the Valley Schools Excellence Awards assembly on Monday 2 September at Narara Valley High School. Our performing arts students will perform an item and our school captains will assist in hosting the event. Students will be given the option to travel via bus with staff from our school to the event or travel with their parents. The assembly is anticipated to go for approximately one hour.

Communicating with Your Teenager

<https://healthyfamilies.beyondblue.org.au/age-13/raising-resilient-young-people/communicating-with-your-teenager>

Have a great week!

Warm regards,

Mrs Nicole Hunt

Dates for the Diary

- **Year 12 Trial HSC Exams**
– 12-23 August.
[Click here for Timetable.](#)
- **Valley Schools Excellence Awards** – 2 September
- **Year 9 Camp** – 11-13 September.
- **Year 12 Farewell Assembly** – 26 September
- **ZooSnooze** – Year 11 Biology, 29-30 October.
[Note.](#)

Year 7 Sport Term 3:

- [Swimming Note](#)

Junior Assessments:

This Week (5):

- 8 Geography – Research
- 8 Maths – Take Home Task
- 9 Geography – Research Task: Sustainable Biomes
- 9 Maths – Task Home Task: Financial Maths
- 9 Science – Secondary Sources Investigation
- 9/10 Food Safari – Practical Task 3
- 9/10 Music – Aural Analysis Submission
- 10 Science – Secondary Sources Investigation

Next Week (Week 6):

- 7 History – Class Test: Investigating the Past
- 9/10 Child Studies – Practical: Child's Meal
- 9/10 IT Engineering – Cam Model & Design Folio
- 9/10 Photography – Body of Work: Genre Photography + Case Study
- 10 English – Preparation
- 10 History – Research & Presentation: The Holocaust

Assessment Schedules:

- [Year 12](#)
- [Year 11](#)
- [Stage 5 \(Year 9 + 10\)](#)
- [Year 8](#)
- [Year 7](#)

Important Information:

[Bell Times 2019](#)

[2019 Canteen Menu](#)

[Uniform Policy](#)

Week 5A

Monday, 19 August to Friday, 23 August 2019

Monday, 19 August

- Wind Ensemble Rehearsal – students + Mr Chung. 7:30 – 8:15am. C2.
- Year 12 Trial HSC Exams continue
 - 8:30am: PDHPE, IDT VET
 - 1:00pm: Music 1 Prac, Visual Arts.
- HSC Textiles & Design Major Projects due by 3:00pm.

Tuesday, 20 August

- Rock Band Rehearsal – students + Mr Chung. 7:30 – 8:15am. C2.
- Year 12 Trial HSC Exams continue
 - 8:30am: CAFS, Construction, Maths Extension 1.
 - 1:00pm: History Extension, Marine Studies.
- Year Assemblies.
- Sport Years 7-12.
- Year 7 Swimming Program – 7W students

Wednesday, 21 August

- Year 12 Trial HSC Exams continue
 - 8:30am: SLR.
- HSC Dance Practical Exams. 8:30am – 2:30pm.
- Showcase Matinee Performance + Excursion – Wind Ensemble and selected 7+8 CAPA students + Mr Chung, Mrs Eldridge, Miss Chen. Laycock Street Theatre. 10:00am - 2:15pm. [Note.](#)
- Homework Centre – Library. 2:40 - 4:00pm. All students are welcome.
- Showcase Evening Performance – Wind Ensemble + Mr Chung. Laycock Street Theatre. 7:00pm.

Thursday, 22 August

- Year 12 Trial HSC Exams continue
 - 8:30am: Investigating Science, Modern History, Physics.
 - 1:00pm: Hospitality, Textiles & Design, Visual Arts Viva Voce.
- Year 6 Transition Day 3 - Year 6 students from feeder primary schools + Year 10 student leaders + Mr Eldridge, Miss Eastcott, Mrs Heaps.
- U15s Basketball Rounds 4 + 5 – team + Mr Bull. Terrigal. 8:30am – 2:40pm.
- Showcase Matinee Performance – selected students + Mr Chung. Laycock Street Theatre. 10:00am – 2:00pm.
- Max Potential – selected students + Ms Ashworth. 11:00am – 5:00pm. Community Presentation 3:00pm – 5:00pm.
- Showcase Evening Performance – selected students + Mr Chung. Laycock Street Theatre. 7:00pm.

Friday, 23 August

- Year 12 Trial HSC Exams continue
 - 8:30am: Biology.
 - 1:00pm: Industrial Technology – Multimedia + Timber.
- Sista Speak – The Orchards Excursion – selected students + Miss Parrish, Miss Plowman. The Orchards Retirement Village. 10:45am – 1:30pm. [Note.](#)
- HSC English Extension 2 Major Works due by 3:00pm.

How we Communicate:

Website: <http://www.lisarow-h.schools.nsw.edu.au>

Facebook: <https://www.facebook.com/LisarowHighSchool>

LHS Canteen: <https://www.facebook.com/lhscanteen/>

Who to Contact: [Communication Pathways](#)